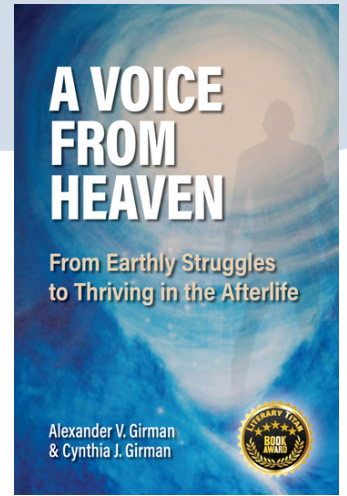


CINDY GIRMAN, DRPH



I'm Cindy Girman, a scientific epidemiology consultant in biomedical research and first time author of a book, co-written with my son after he died.



Astonishing account of how a mother connected with her departed son, and the mind-blowing revelations he shared about life after death.

Readers Say

"...profoundly moving, thought-provoking..." – P. Pandev

"...every syllable was packed with raw emotion," Q. Glory

"...perfectly flawless and inspiring..." N. Khan

"... ..deeply moving and insightful... transformative" – J. Chiomaa

"Absolutely breathtaking, unique, heartfelt, inspiring and a rollercoaster of emotions" –K. Shah

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Synopsis

When Cindy Girman learned that her 22-year-old son had died from an overdose, shock and grief consumed her like she herself was on the precipice of death. Weeks turned into months of agonizing questions over where her son Alec's soul had gone and worry that he was lost and alone in the ether.

A year later and with no prior psychic experience, Cindy was awestruck when she began receiving direct communications from the other side through automatic writing. Written in his voice, she shares the intimate details of Alec's journey and deep revelations he shared during the eight weeks they spent co-writing this book.

A bridge between two realms, the intimate transcendental messages from a son in spirit to his mother on earth finally connect the dots that have remained a mystery throughout time –And bring profound understanding and comfort to the part of us that knows there must be something more.

Video, Podcast & Blogs

55-sec Video: <https://youtu.be/gNkPOLFfIDQ>

blogs: www.wingsofpeacepress.com

Podcast interview: <https://youtu.be/BPhmdu3-oc8>

Keywords: Afterlife, grief, addiction, spiritual



Cynthia (Cindy) Girman is founder of a consulting firm that helps clients generate more efficient and meaningful evidence on how medicines work. She holds a Doctor of Public Health in biostatistics with emphasis on epidemiology from the University of North Carolina (UNC) and is a fellow of the International Society of Pharmacoepidemiology. Cindy and her husband Tom are collaborating with researchers at UNC on technology to treat cravings in addiction, a keen interest of theirs.

Cindy and Tom enjoy travel, especially safari and exotic birds, and spending time with friends and family. The author was raised in North Carolina and she and Tom split their time between the coast and mountains of the state.

Alexander (Alec) Girman was raised in Raleigh and Chapel Hill, North Carolina, after his adoption from Kaliningrad, Russia at 8½ months. Alec was an incredibly gifted coder (programmer) and had strong interests in anything technology related.

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“Don’t just let life happen *to* you;
make it happen *for* you.
Grasp onto it and experience it to the fullest.”

- ALEC GIRMAN

What happens after the tunnel of light?

What is heaven like?

Can we explore other universes or dimensions?

What role do spirits play?

What is the purpose for us humans living a physical life on earth?

If you’ve ever wondered what happens when we die, are curious about the spiritual realm, or are still grappling with the profound grief over the loss of a loved one, these revelations from Alec were meant to reach you.